



Wangaratta Threads

Quarterly newsletter of the
Wangaratta Family History Society Inc

Edition No. 114, May 2018

Open days:

Tuesday & Thursday each week
10.00am to 3.00pm.

3rd Saturday of each month
11.00am to 3.00pm.

Location:

1st Floor
100-104 Murphy Street
Wangaratta, Vic, Australia.
(above Visitor Information Centre).

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(03) 5721 6830 - if no answer
please leave a message.

Email:

info@wfhs.org.au

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<http://www.wfhs.org.au/>

Facebook:

[https://www.facebook.com/WFHS
Inc/](https://www.facebook.com/WFHSInc/)

Registered No. A0022724T

ABN No. 72 673 863 599

DATES TO REMEMBER:

Future Members Meeting Dates:

- Saturday 16th June, 2018 1.00pm
- Saturday 15th September, 2018
- Saturday 8th December, 2018 (Christmas break up activity).

Project Group:

- Monday 18th June, 2018 10.30am

What's New in the Library?

- "Lone Graves of Gippsland" by J.G. Rogers
- "Enginemen of the Victorian Railways - Volume II" by Nick Anchen.

MEMBERSHIP

Initial 1st year	
Admin Fee	\$10
Single full membership	\$30
Joint full membership	\$50

NEW MEMBERS

A warm welcome to our new member **George Lee**
and returning member **Ron Summers!**

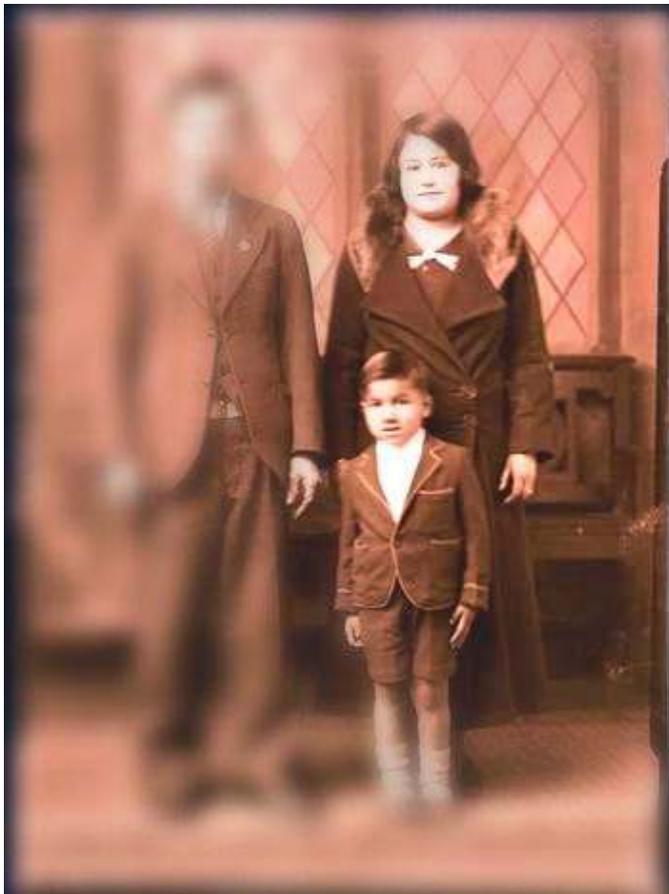
Welcome

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COMMITTEE

President	Still looking for a president...	
Vice President	Val Brennan	03 5727 6229
Treasurer	Dianne Cavedon	03 5722 2607
Secretary	Still looking for a secretary...	
Editor "Threads"	Christine Heard (lurgissy58@bigpond.com)	03 5727 6370
Committee Members	Val McPherson, Peg Templeton, Faye Schusser	



Can You Help?

We have received a request from a member asking for assistance with identifying the woman and child in this photograph.

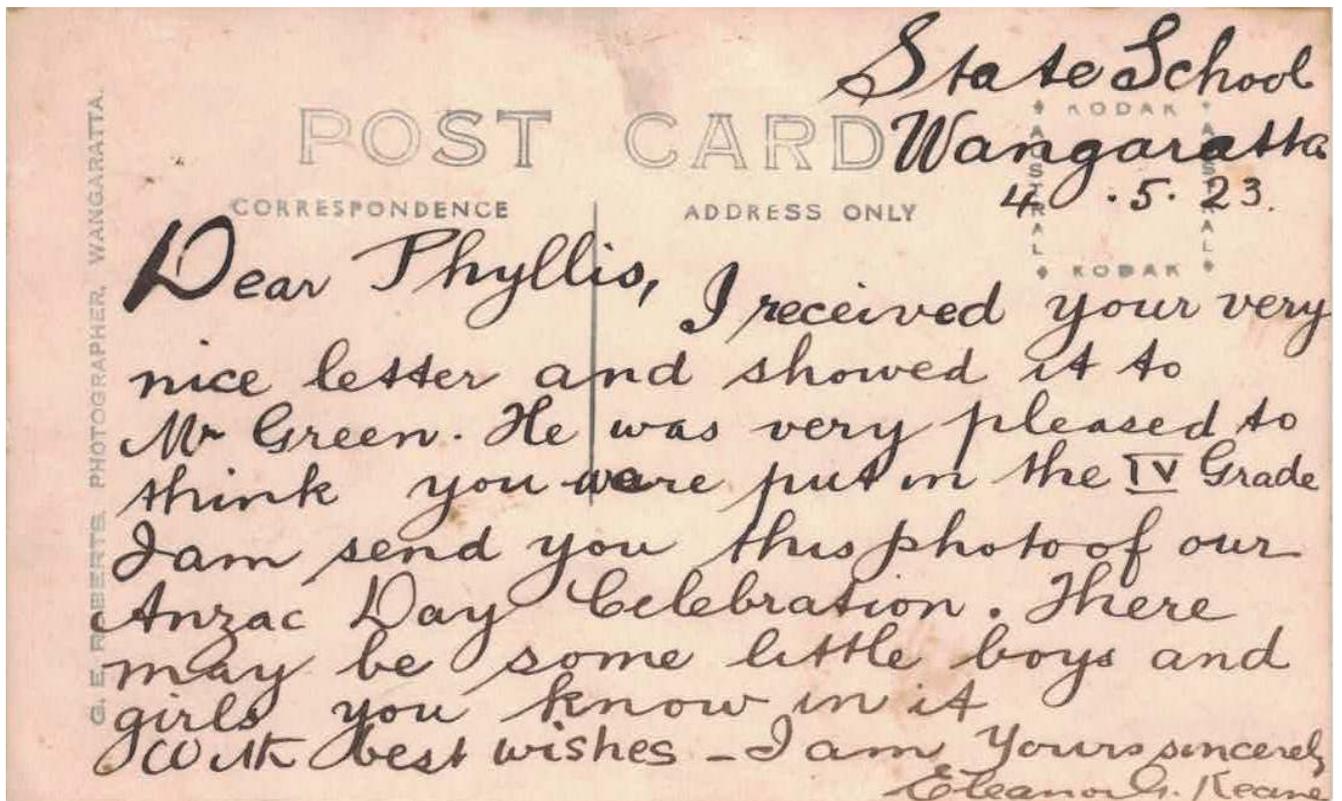
The male person is known to the member, who has requested that the identity of that male remain private.

I realise there is not a lot to go on, but any information would be greatly appreciated.

If you have any information, please contact WFHS on (03) 5721 6830 or at info@wfhs.org.au.

Thank You

An Early Postcard



This photo postcard was donated to WFHS by a relative of the recipient. The photo shows pupils and staff of the Wangaratta Primary School (Chisholm Street) assembled for Anzac Day 1923. The postcard was sent by Eleanor G. Keane, who was listed as a State School teacher in "The Age" in June, 1926. The postcard may have been in reply to correspondence from a previous pupil. Wonder whether anyone can recognise any family members, or give some background information about the sender?

Over The Years

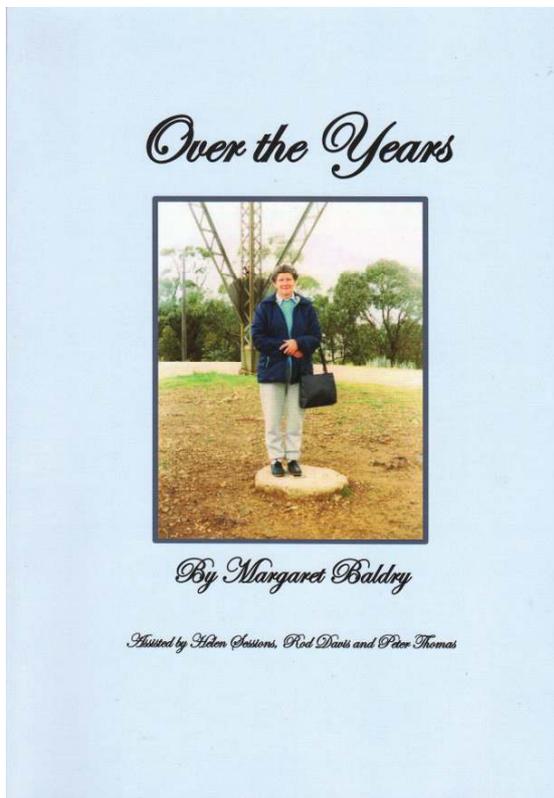
Thursday 23rd November, 2017 was a very special day for one of our WFHS members.

On that day, after months and months of work with volunteers at the St. John 's Life Stories group, Margaret Baldry launched a book on the story of her life, titled "Over the Years".



Above - Margaret being presented with her book by Peter Thomas, who was responsible for the graphic design of the book.

Below - "Over the Years" front cover.



Margaret had been inspired to write her story after hearing guest speaker Rod Davis talk about the Life Stories program at a WFHS Members Meeting.

The book is part family history, part social history but all personal story, something which I am sure Margaret's family are so proud to have.

Margaret has very kindly donated a copy of the book to the WFHS library, and I would encourage anybody who is interested in a good read to drop in and spend an hour or two perusing its contents. Perhaps it may inspire you to take the challenge and write your own life story?

Margaret is not the only WFHS member to write her story - Elaine Mudge and Mike Boling have been toiling away on their own epics for some time now, while new member George Lee has been a more recent addition to the group.

If you are curious to know what Life Stories is all about, speak to Margaret, Elaine, Mike or the editor for more information.

After all, at Life Stories, we believe everybody has a story worth telling!!!!

Congratulations

"Australian Son" The Story of Ned Kelly

The Greta Hansonville Hall was the location for the 70th Anniversary Event celebrating the 1948 publication of Max Brown's definitive story on the legend of Ned Kelly, the book "Australian Son".

Saturday 24th February 2018 saw the hall full to capacity, where those attending were treated to morning tea to start proceedings. This was also a good time for a catch up before we got down to the real business of the day.

Publisher Brad Webb (www.IronOutlaw.com.au) gave some background on the author and how he came to write his book, as well as his plans to revise the manuscript and republish it. Max Brown unfortunately died before he could complete the task, so Chester Eagle (guest of honour) took it on and saw it through to completion. Chester did a reading from his own foreword in the book.

Local historian Alan Crichton had researched "The Fitzpatrick Conspiracy", with a handout containing information about the dubious characters representing law and order at that time.

The latest edition of the book with completed revisions, signed by Chester Eagle was available to purchase on the day. Chester kindly included a free copy of his minimag "The Armour" in the showbag that each guest went home with.

The raffle was drawn (no, I didn't win), a group of items auctioned, and a BBQ lunch enjoyed in congenial company. Congratulations to Noleen Lloyd and the Greta Hansonville Hall Committee for a great local event!



Max Brown's
Australian Son
the story of Ned Kelly
70th Anniversary Event

Greta Hansonville Hall
448 Reserve Road
Hansonville
Victoria 3675

Saturday
24th February 2018
from 10:30am

\$15.00 Entry
COMMEMORATIVE TICKET

70
CELEBRATING 70 YEARS SINCE MAX BROWN PUBLISHED NED KELLY'S GREATEST NARRATIVE: 1948 - 2018
The story of Ned Kelly

MAX BROWN
Australian Son
the story of Ned Kelly
ICS

Family History and Inherited Disease



World Haemochromatosis Week will be observed from 4 - 10 June, 2018. Haemochromatosis Australia will join with other international groups, and support groups to conduct an awareness campaign.

Haemochromatosis is the most common genetic disorder in Australia. Approx 1 in 200 people of northern European origin have the genetic risk for the disease. People with the disease absorb too much iron from their diet, which is stored in the body and leads to iron overload. Excess iron can cause organ or tissue damage and can result in premature death. It tends to be under-diagnosed because the symptoms are similar to those of a range of other illnesses.

Are you pumping too much iron?

Haemochromatosis in your family?
Aching joints?
Feeling unusually tired all the time?

HAEMOCHROMATOSIS

inherited iron overload disorder

Treat hereditary haemochromatosis early, and iron out future health problems



What is Haemochromatosis?
Watch this video

Talk to your GP
about iron

www.ha.org.au
INFO LINE 1300 019 028

Haemochromatosis Australia
inherited iron overload disorder



Feeling tired & flat, with aching joints over a long time?

Talk to your GP about
HAEMOCHROMATOSIS
inherited iron overload disorder

It's much more common than you think.



www.ha.org.au

Haemochromatosis Australia
inherited iron overload disorder

INFO LINE 1300 019 028

Both sexes are at risk, although women tend to develop it later in life (due to monthly menstrual blood loss during child bearing years).

If detected before damage occurs, treatment is simple and straightforward.

Symptoms of the disease are:

- Fatigue, weakness and lethargy
- Joint pains leading to osteoarthritis
- Abdominal pain
- Diabetes
- Liver disorders, enlarged liver, cirrhosis
- Sexual disorders, loss of libido, scanty menstrual periods in women, impotence in men, and early menopause in women
- Decrease in body hair
- Discolouration or bronzing of the skin

- Cardiomyopathy; disease of the heart muscle
- Neurological/psychiatric disorders; impaired memory, mood swings, severe irritability, depression.

These symptoms, if present, take time to develop. Symptoms will vary from person to person and some people may never develop any symptoms at all. All of these symptoms can also be caused by other medical conditions, making haemochromatosis difficult to diagnose.

The disease is diagnosed by simple blood tests (fasting) called Iron Studies. They look for two indicators, Transferrin Saturation and Serum Ferritin. Reference ranges are:

Male

Serum Ferritin: 20-30 ug/L

Transferrin Saturation 10-50%

Female

Serum ferritin: 10-200 ug/L

Transferrin Saturation 10-45%

If the results are above the normal range, they are repeated, and if they are above again, a genetic test is done to check for the specific genetic markers i.e. mutations C282Y and/or H63D of the HFE gene.

Treatment consists of the removal of blood by venesection (similar to donating blood). Up to 500ml of blood is removed at regular intervals until the iron levels in the blood return to within the normal range. Diet can assist with limiting the amount of iron absorption, and Haemochromatosis UK has put out a diet guide for those with haemochromatosis. They recommend a diet high in iron absorption inhibiting foods such as tea, coffee, spinach, kale, rhubarb, chocolate, walnuts, lentils, grains, milk, yogurt, beans, potatoes, and leafy greens. Foods to limit are iron absorption enhancing foods i.e. sugary foods, fructose, saturated animal fats, Vitamin C, alcohol and sorbitol and to avoid smoking.

Do you have Celtic ancestry?
It just might be harming you.

Hereditary Haemochromatosis, often called "the Celtic curse" is a common genetic iron overload disorder that if left untreated can lead to the risk of serious health issues and or death. Australians of Celtic background are at increased risk of developing the disorder.

Talk to your GP today about having your iron levels checked and if necessary having a gene test.

For more information and support contact Haemochromatosis Australia on 1300 019 028 or at www.ha.org.au

Haemochromatosis Australia
Inherited iron overload disorder

It's much more common than you think

1300 019 028 | www.ha.org.au

The disease is sometimes known as the "Celtic Curse" because it is more common in people with Celtic and Northern European ancestry. Most at risk are British, Scottish, Irish, Dutch, Danish, Scandinavian, German, French, Northern Spanish and Northern Italians. Also at risk are people with a blood relative who has been diagnosed with the disease.

A person's family history can offer clues about the chances of being affected by haemochromatosis. Anyone with a family history of premature death by heart disease or liver disease, diabetes, skin colour changes, osteoarthritis or joint pain, hypothyroidism, infertility, impotence or depression should consider DNA testing for haemochromatosis. The hours spent

trawling through births, deaths and marriages, but

particularly, deaths and also inquests could actually be more worthwhile than you ever realised!

Those of us whose family tree is chock full of ancestors of Celtic origin would be well advised to consider the possibility of somebody in the family either being a carrier of the gene or having had the disease and gone undetected. Apart from the more obvious things that our genetics dictate, like prematurely grey hair, big feet or a lovely singing voice, hereditary iron overload disease could be the big one you don't really want.

Not only is researching your family history really good fun, but it could also save your life!

Christine Heard
WFHS

Resources:

<http://www.hemochromatosisdna.com/about-the-disease/what-is-hemochromatosis>

<https://haemochromatosis.org.au/>

<https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/haemochromatosis>

Dating Vintage Photos through Fashion

Throughout the 20th century, fashion came and went. Through fashion, we are able to pinpoint a time period, whether it be the 1940's or the 1970's. As most of us have lived through it, it's not too hard to look at a photo and judge the time period by the clothing, hairstyles and surrounds.

But a photo from the late 19th or early 20th century is a different matter. Thanks to modern technology, there are a number of websites that can help with dating vintage photographs through clothing and hairstyles. These include:

- The University of Vermont Landscape Change program offers information about dating photographs using clues such as women's clothing, hats, hairstyles, fashion accessories and men's fashions. These are broken down by decades from the 1850's to the 1950's.
<https://www.uvm.edu/landscape/dating/index.php>
- Wikipedia provides a collection of articles about clothing fashion from 1830's through to the 1960's.
<https://en.wikipedia.org>
- Period Fashions Reference Library has descriptions, antique sketches and photos from 1850's through to 1910's.
<http://www.vintagevictorian.com/library.html>
- Victoria and Albert Museum has a helpful section on dating clothes and photographs using items from their own collection. It covers the period between 1840 and 1960.
<https://www.vam.ac.uk/collections?type=periods-and-styles>

- Fashion-Era looks at women's costume and fashion history and analyses the mood of an era. The site owners use costume history to date photographs for users. The site also has an extensive reference area covering styles, dates, time periods, accessories etc.
<http://www.fashion-era.com>

Sarah Williams, editor at Who Do You Think You Are magazine has the following tips:

- Look at Women's sleeves
- Look at the dress length
- Look at the hairdos
- Check out men's neckwear

Lenore Frost, author of "Dating Family Photos 1850-1920" also has some helpful hints regarding costume. For example, in the 1870's, ladies used combs and ringlets in their hair, while in the 1860's, ladies wore generous bonnets with wide crinoline skirts.

Find My Past has an informative blog by Jess Moore showing a series of vintage photographs. These photographs have been analysed and dated by Jayne Shrimpton, a dress historian, portrait specialist and photo detective who regularly contributes to several family history magazines.



1875 hairstyles.

By far the easiest (and laziest) way is a simple Google image search, where you may find images of something very similar. This can then be followed up by visiting the corresponding website and hopefully, finding the answer.

With so much information available, the process of dating vintage photos is now much easier than it ever was before - all you need is a computer and a good internet connection!

Christine Heard
WFHS

Snippets

"The Ovens Directory" of 1857, referring to the roads in the Ovens district, said that only the most adventurous would undertake a trip over them. The usual story is told of a man who, on crossing a very bad section, suddenly came upon a hat. On lifting it, he was surprised to find the owner's head protruding from the black mud - his body was buried. The traveller was astonished when the man assured him that everything was O.K., as he was standing on the back on his horse...."

from Wangaratta Shire Centenary - 1967 by J. Colin Angus courtesy Jean Rankins.



GIVE A LITTLE. CHANGE A LOT.

NATIONAL VOLUNTEER WEEK | 21-27 May 2018 | #NVW2018



National Volunteer Week

"Volunteering is time willingly given for the common good and without financial gain."

WFHS recognises the efforts of all who volunteer their time and expertise for the betterment of the group and the benefit of the members. Thank you so much!!!

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All information contained in this edition is published in good faith, with every effort made to validate fact, circumstance and source. *Ed.*